**Bestwood Country Park 10k results 1986**

**Men AAA**

1. Gary Dixon Notts AC 31.35
2. Keith Nelson 33.24
3. Ian Perry 33.48

**Men’s veteran;**

1. Graham Astill 34.02
2. Geoffrey Jones 36.40

**Men unaffiliated**

1. James Munroe 35.10
2. Dave Gathercote 35.13
3. Stephen Sharp 35.41

**Women AAA**

1. E Adams 39.13
2. Jane Littler 43.20
3. Camillia Spence 47.40

**Women’s veteran**

1. Moira Barnett 41.11
2. Carolyn Smith 44.33

**Women unaffiliated**

1. Christine Betts 45.31
2. Heathey Walker 47.18
3. Julie Smith 47.18

**Fun run (10k) team;**

1. Southwell (Paul Best, James Munroe, David Gathercote, William Johnson)

2. High Pavement

3. Arnold Swimming Club